

Activity 4: Lock and Key


FMC4

Tools: Locks and keys

Action: Children fit keys into different locks to open them.

- △ Introduce speed: 'How many locks can you undo?'
- ▽ Provide big keys and big locks. Colour-code locks with keys.



Mathematics: Spatial concepts, size discrimination



Bilateral coordination, lateral pincer grasp (thumb placed to side of the middle joint of the index finger) to hold key, planning and organisation

Activity 5: Eggcup Spiral


FMC5

(SEE PHOTO ??)

Tools: Metal spiral eggcups, various-sized beads

Action: Using a pincer grasp, children thread beads onto a metal spiral eggcup. They will enjoy watching the bead spiral its way down the eggcup to the base.



For older children who are learning their letters, use alphabet beads. Use this activity to enhance patterning skills, with repetitions of colours, sizes or numbers of beads.



Mathematics and Writing: Counting beads, patterning, letter identification



Pincer grasp, sequencing, visual tracking, bilateral coordination

Activity 6: Knot Funny


FMC6

Tools: Macramé string, wool, shoelaces, nylon craft ribbon

Action: Children tie a basic knot to make a knot necklace, tie a package, or make craft items, such as a wreath.

- △ Have children follow a pattern of knots. Thread beads between knots.
- ▽ Have children make simple knots on colourful strings.



Science and Mathematics: Sequencing, counting



Grasp and finger strength, sequencing, planning and organisation, bilateral coordination

Activity 7: Sorting Stuff


FMC7

Tools: Beans, beads, coins, magnetic letters and numbers, egg cartons

Action: Using a pincer grasp, children sort different-coloured beans and beads, different coin denominations, different letters, and different numbers into different compartments of an empty egg carton.



Give a time frame in which to complete the activity. Place container on opposite side of body to their dominant hand to encourage crossing of the midline.



Mathematics and Language: Counting, categorising, object identification.



Pincer grasp, speed, sequencing, bilateral coordination, in-hand manipulation

